

Optimize | Streamline | Enhance Efficiency

Presenters:

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OBJECTIVES

- Explore how athletic departments can use digital tools to optimize communication, streamline everyday job functions, and enhance overall efficiency.
- Improve collaboration, reduce stress, and create a more organized, productive environment that supports athletes and coaches alike through the use of technology.





WHY

- Enhanced Efficiency can Reduces Stress
 - Effective time management and prioritization reduce overwhelm.
 - Organized ADs can anticipate and address issues proactively, creating smoother workflows.
- Improves Decision Making and Strategic Planning
 - Clear visibility of schedules, budgets, and personnel helps in making informed decisions.
 - Organized records enable quick access to relevant data for strategic initiatives.

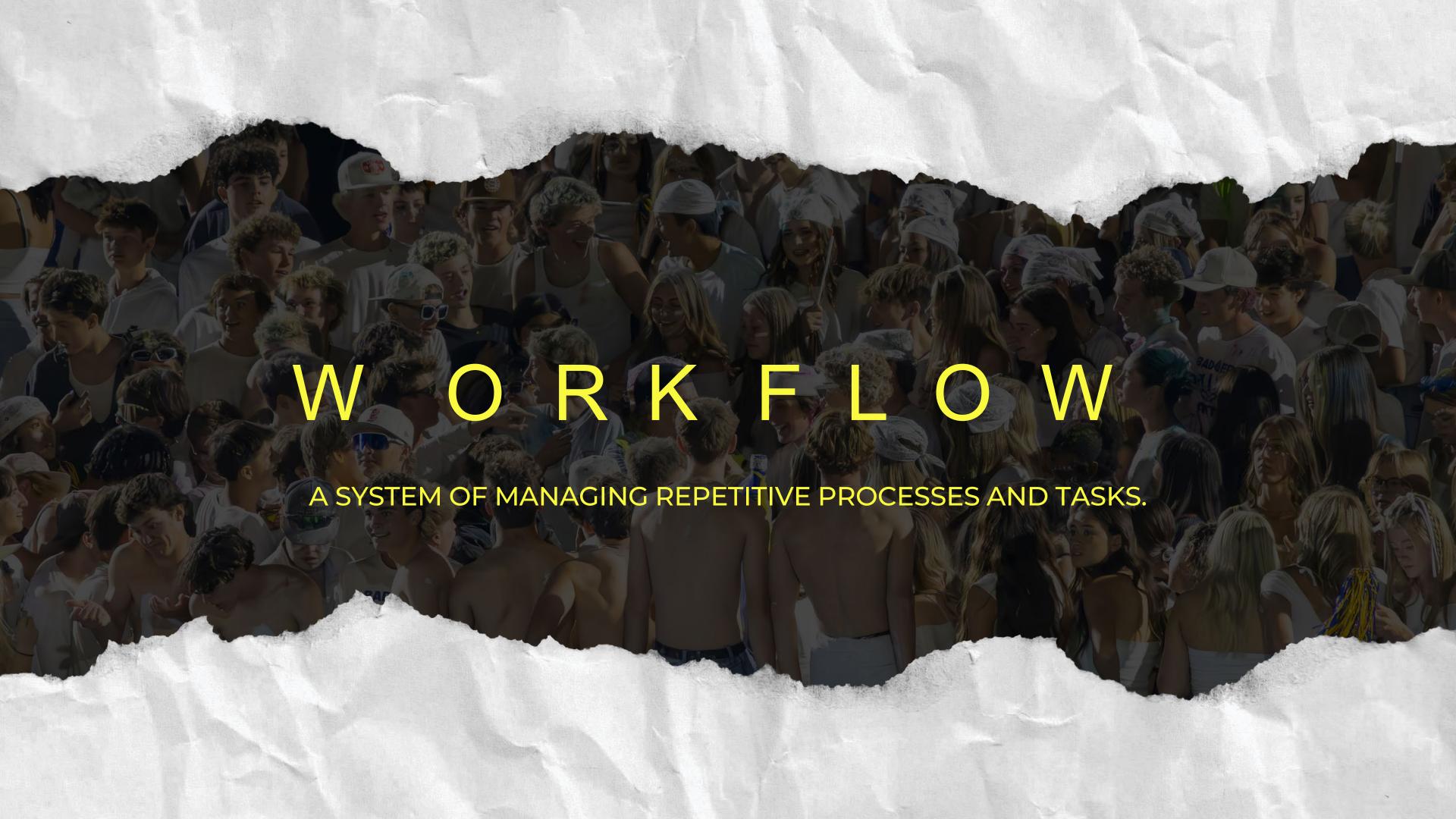
WHY

Limits Overload by Setting Boundaries

- Organization helps ADs allocate time effectively, reducing the risk of taking on too much.
- Balancing professional responsibilities and personal time reduces emotional exhaustion.
- Early Identification of Burnout Signs in Self & Staff
 - o Organized ADs can monitor workloads and mental health indicators within their team.
 - Allows for proactive adjustments to schedules, resources, and support to prevent burnout.
- Case Example: Managing Overload in Sports Schedules
 - ADs who plan ahead can avoid scheduling conflicts that lead to longer hours and stress.
 - Organized communication with coaches minimizes last -minute emergencies, reducing stress for all.

WHY

- Organization Reflects on the AD's Professional Image
 - An organized AD projects reliability, competence, and leadership.
 - Self-presentation through organized behavior sets a standard for coaches and athletes.
- Reduces Anxiety around Public Scrutiny
 - Knowing details are organized helps ADs feel more prepared for public -facing roles.
 - Boosts confidence in media, community, and administrative interactions, projecting a positive image.
- Psychological Impact of Self Presentation on Others
 - Organized ADs set a tone for their team, inspiring trust and confidence.
 - Athletes and coaches often mirror behaviors; organized ADs promote a culture of professionalism and preparedness.



WORKFLOW

Improving your workflow means thinking of how you can streamline the process to accomplish the same output in less time.

CALENDAR

When you work from an organized calendar, it's easy to schedule meetings and tasks, avoid procrastination, keep everyone on the same page, and reach goals with less effort.

EMAIL

Organizing your email increases productivity, reduced stress, improves time management, creates better organization, quicker access to important information, clear communication, and a professional image by minimizing clutter and allowing you to quickly locate necessary emails when needed

TASKS (TO-DO'S)

Using tasks or to-do lists offers several benefits including increased productivity, improved memory, reduced stress, a sense of accomplishment, better organization, clear priorities, and the ability to efficiently manage time by identifying and tackling the most important tasks first

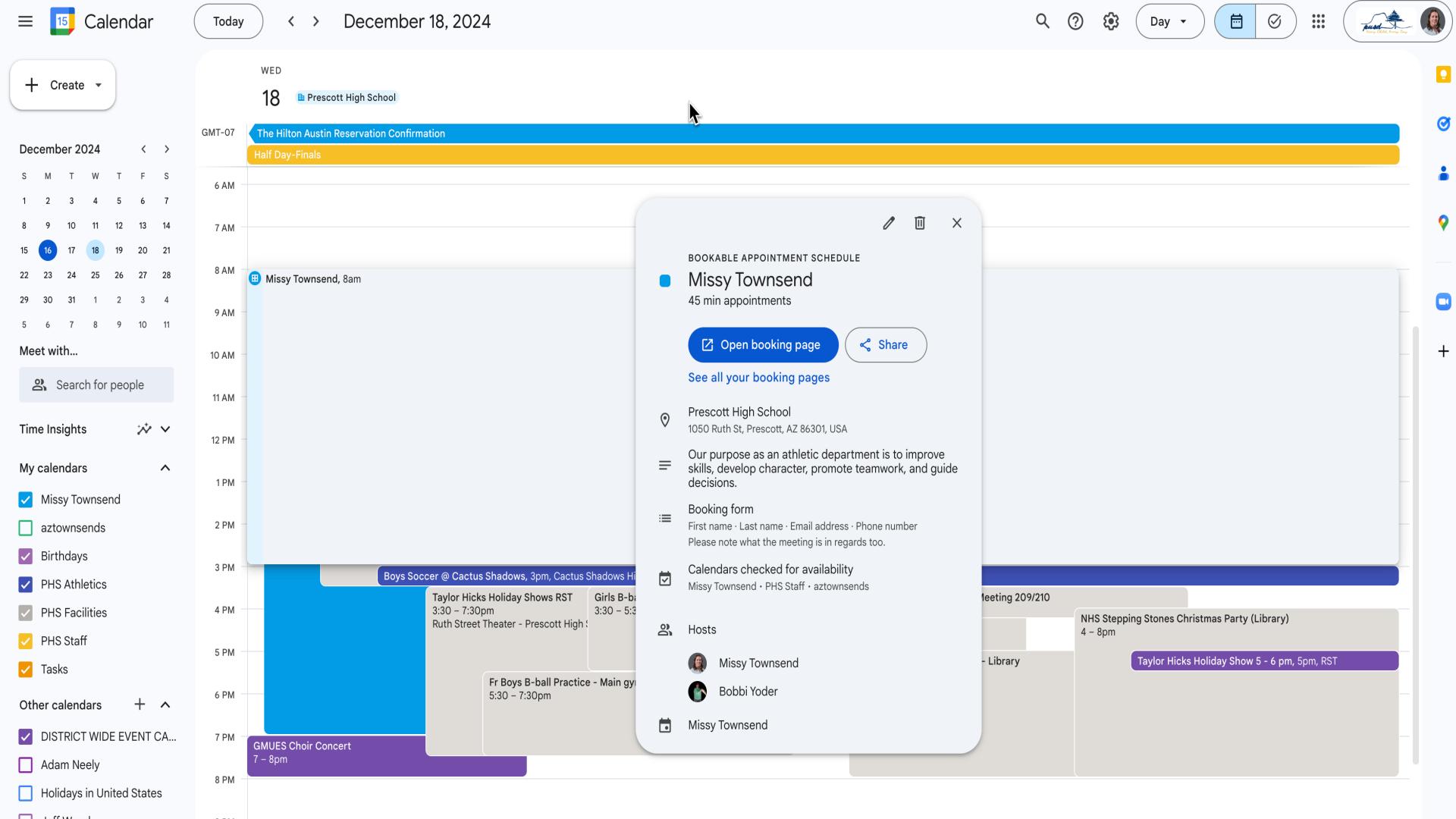




CALENDAR

Your day is shaped by what is on your calendar so making your calendar work for you will improve your workflow, reducing stress, and boost your overall performance.

- Shared Calendars
- Color Coding
- Meeting Reminders
- Booking Page for Appointments
- Linking Emails to Calendar





Missy Townsend

45 min appointments

Our purpose as an athletic department is to improve skills, develop character, promote teamwork, and guide decisions.

Prescott High School

1050 Ruth St, Prescott, AZ 86301,
USA

	MT-07:00) Mountain Standard Time - Phoenix
December 2024 < CONTROL OF THE SAT 17 THE WED THU FRI SAT 19 20 21	^{SUN} >
1 2 3 4 5 6 7 — — 8:00am — —	_
8 9 10 11 12 13 14 — — — 9:15am — — —	_
22 23 24 25 26 27 28 — — — — — — — — — — — — — — — — — —	_
29 30 31 1 2 3 4 5 6 7 8 9 10 11 — — — — — — — — — — — — — — — — —	_

Powered by <u>Google Calendar appointment scheduling</u>.

Use is subject to the Google <u>Privacy Policy</u> and <u>Terms of Service</u>.



E M A IL

To improve your email workflow, focus on organizing your inbox, automating repetitive tasks, setting dedicated email checking times, prioritizing messages effectively, using email labels and folders, and leveraging features within your email client to streamline communication; this includes utilizing email templates, and scheduling emails.

INBOX

- Label Emails (multiple inboxes)
- Set Up Filters
- Archive Emails
- Unsubscribe
- Ignore Unnecessary Conversations
- Prioritize Messages
- Delete Unimportant Emails
- Customize your Inbox

SCHEDULE TIME

Setting specific times throughout your day to open and respond to emails, often by blocking out dedicated slots on your calendar, to minimize distractions and maintain focus on other tasks, typically checking once in the morning, midday, and late afternoon.

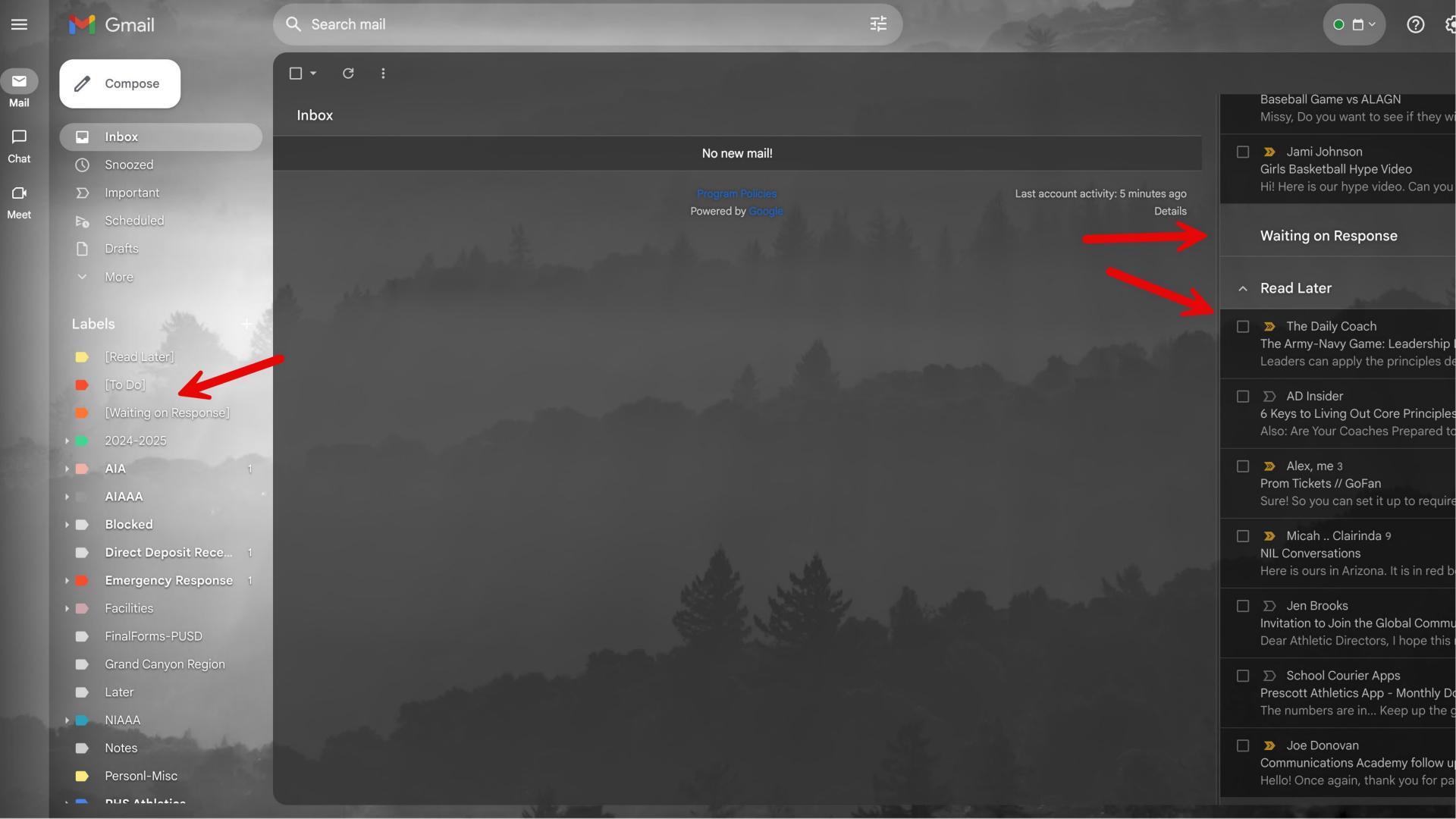
LABELS

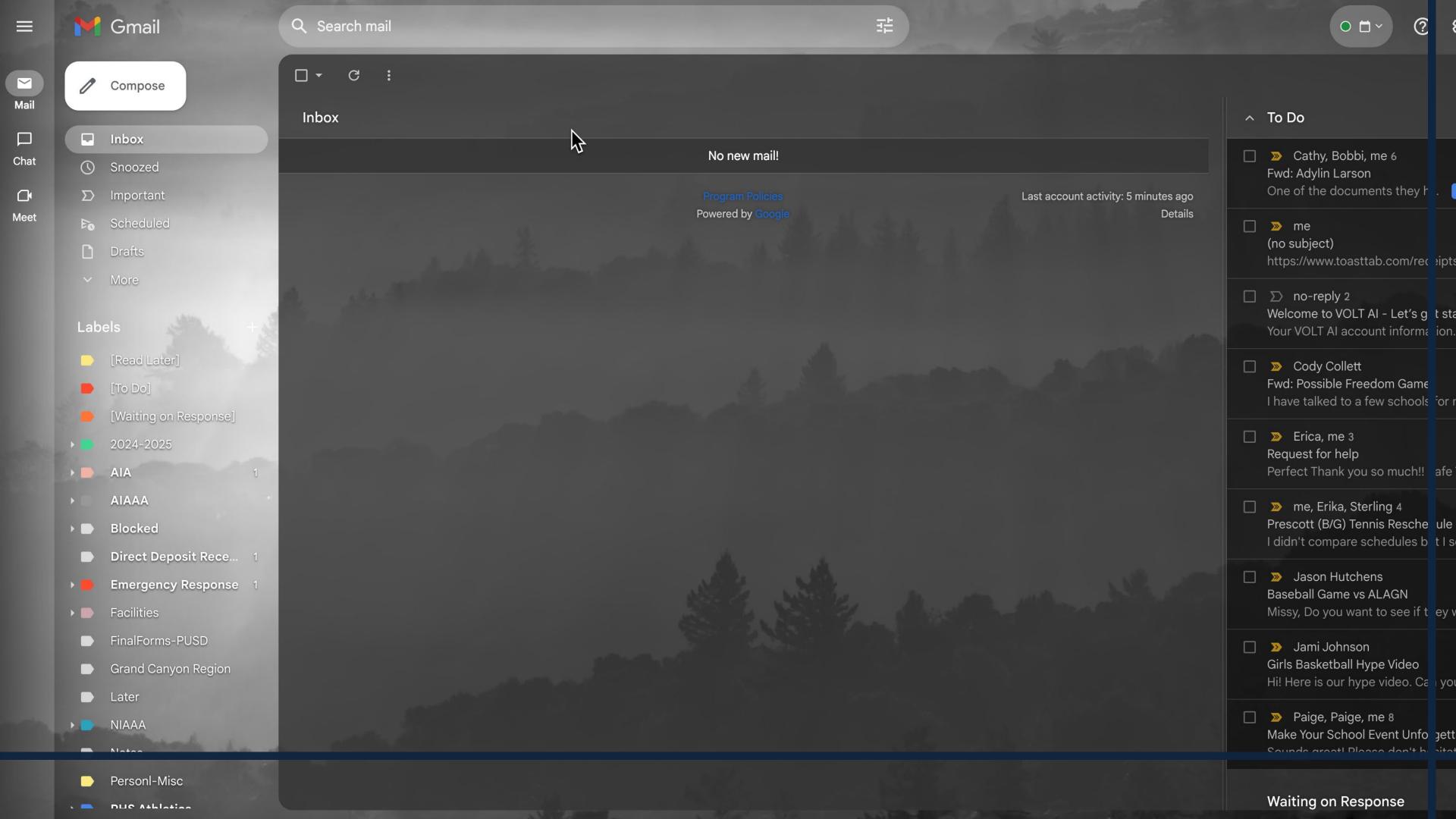
Allows you to organize your inbox by quickly identifying and grouping related messages without physically moving them to separate folders; essentially creating a flexible system for sorting emails based on project, topic, or priority.

(i.e. To Do, Waiting on Response, Read later

FOLDERS

Email folders can help you manage your email by keeping your inbox organized and reducing clutter. Creating filters can help organize and move emails directly into a folder.





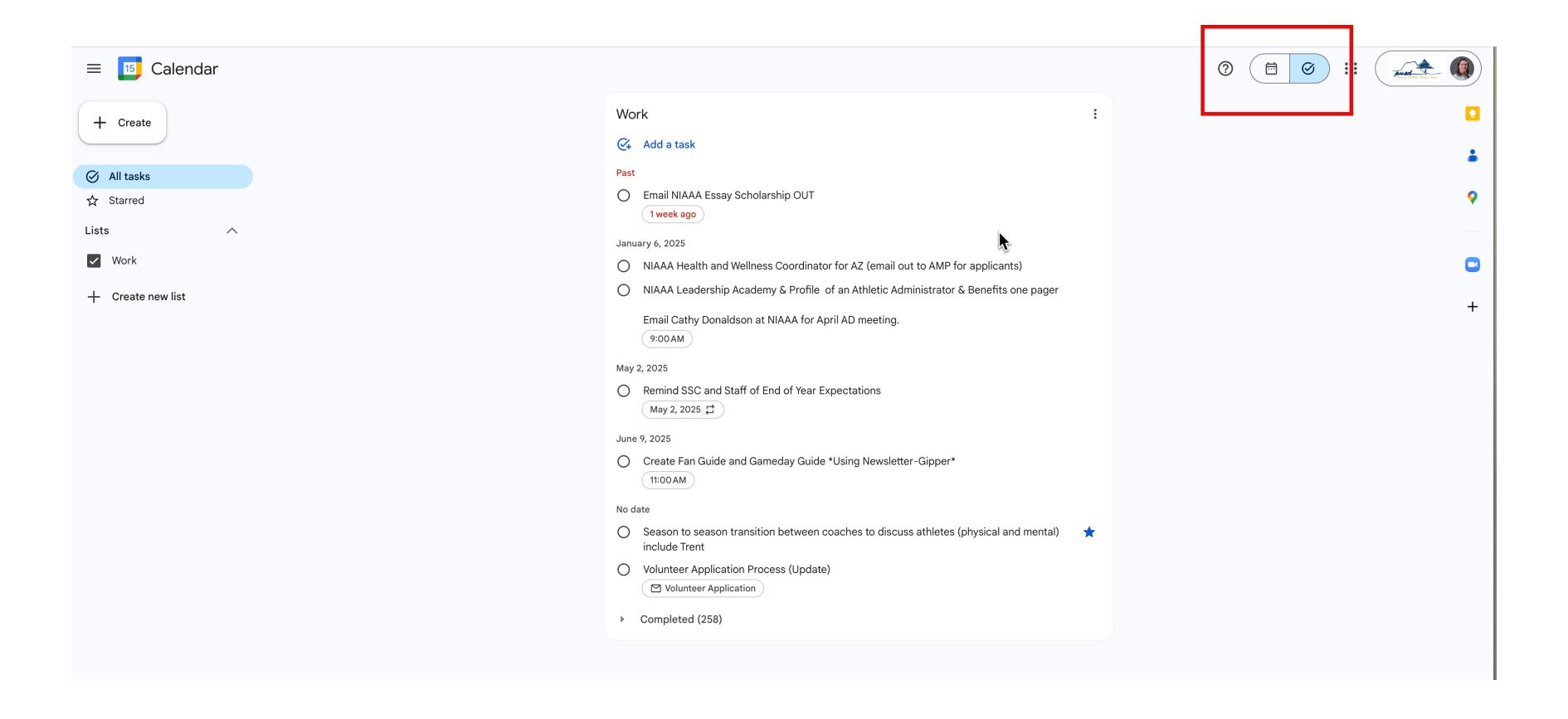


TASKS

Using tasks and to-do lists can significantly improve workflow by providing a structured way to organize and prioritize your work, allowing you to visualize your workload, set deadlines, break down complex tasks into manageable steps, and ultimately, stay focused and productive by keeping track of what needs to be done.

- Tasks
- Keep
- To-Do
- Apps
- Slack
- Teams
- Reminders







SOCIAL MEDIA



INSTAGRAM
90% of student social
media engagement
with the school
happens here



X (FORMALLY TWITTER)

Business and
recruitment
Hudl links, college
coaches, engagement



FACEBOOK
Informational and more
focused on parents and
community support

WEBSITES

- Easy access for parents, students, and staff, reducing the need for repetitive inquiries.
- Online forms and announcements reduce the need for phone calls regarding game changes, ticket sales, and athletic updates.
- Links to required forms, policies, and registration simplify athlete onboarding and compliance.
- Coaches and staff have quick access to team-related materials, reducing back-and-forth communication.

Great Sources:

- Google Sites
- PlayOn! Sports
- VNN
- Plethora of Options Just vistit the vendor room!





GRAPHIC DESIGN

Stay organized with your communication by using programs that boost the brand of your program while saving you time!

- Canva
- Gipper
- BoxOut Sports
- Scoreshots
- Adope Photoshop

Things to consider:

- Auto Posting
- Ease of Creation
- Cost
- Using students!



NEWSLETTERS

Consolidating Key Information

 Preparing newsletters forces ADs to gather and organize important updates, event schedules, and announcements in one place, ensuring nothing is overlooked.

Creating a Communication Routine

• Regularly scheduled newsletters establish a consistent rhythm for information sharing, reducing lastminute communication scrambles and helping ADs plan ahead.

Tracking and Prioritizing Events and Goals

 By mapping out key dates and initiatives in each edition, ADs can better track progress toward departmental goals, anticipate busy periods, and prioritize accordingly.

Providing a Record of Updates and Decisions

• Newsletters serve as an accessible archive of past updates and accomplishments, which can be helpful for future planning and tracking the department's progress over time.





GROUP COMMUNICATIONS

- Helps coaches and ADs reach the masses within your programs.
- Keep yourself out of trouble!
 - AZ Text Message Law
- Easy way to organize a large amount of communciation in one central area.

Examples:

- SportsYou
- Remind
- BandApp

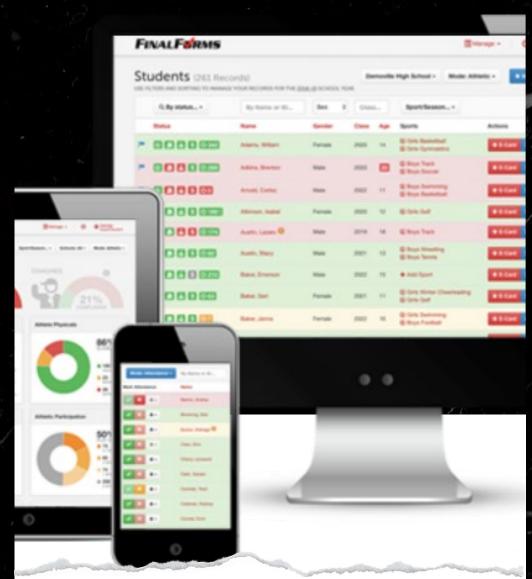


REGISTRATION TOOLS



AKTIVATE "REGISTER MY ATHLETE"

Our comprehensive sports management solution is used by athletic directors, coaches, and state athletic associations to manage the complex organizational and funding mechanics of scholastic sports and student activities.



FINALFORMS

We are a team, product, and service designed to serve schools with streamlined registration, communication, and risk management solutions.



RANK ONE

Rank One software is an all in one solution created for Athletic Departments. Rank One software is an all in one solution created to address Communication, Documentation, and Organization.

GETINTOUCH!



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